

Moolchand Preventive HealthCheck+

In today's high stress world many "silent" diseases challenge our well being. In order to ensure that we can lead healthy and happy lives Moolchand has introduced a comprehensive portfolio of preventive HealthCheck+ packages. These packages have been designed as per WHO guidelines and also include elements of holistic medicine (e.g. Ayurved)

Group	Details	Men			Women		
		20-30yrs	30-50yrs	>50yrs	20-40yrs	40-50yrs	>50yrs
HAEMOGRAM							
	Haemoglobin, PCV, TLC, RBC count, MCV, MCH, MCHC, platelet count, RDW, DLC, ESR, peripheral count	•	•	•	•	•	•
	Blood grouping and Rh typing	•	•	•	•	•	•
	SGGTP	•	•	•	•	•	•
	SGOT	•	•	•	•	•	•
	SGPT	•	•	•	•	•	•
	Bilirubin (total/direct/indirect)	•	•	•	•	•	•
	Serum calcium and phosphorus			•		•	•
	Serum protein	•	•	•	•	•	•
	Albumin	•	•	•	•	•	•
	Globulin	•	•	•	•	•	•
	A/G ratio	•	•	•	•	•	•
	Alkaline phosphatase	•	•	•	•	•	•
	Lipid profile	•	•	•	•	•	•
BIOCHEMISTRY							
	Uric acid	•	•	•	•	•	•
	Blood urea	•	•	•	•	•	•
	Serum creatinine	•	•	•	•	•	•
	Blood sugar fasting and PP	•	•	•	•	•	•
	HBA1c			•			•
NON-INVASIVE CARDIOLOGY							
	TMT/Echo		•	•		•	•
	PFT	•	•	•	•	•	•
	ECG	•	•	•	•	•	•
IMAGING							
	X-Ray AP	•	•	•	•	•	•
	Ultrasound abdomen	•	•	•	•	•	•
	Bone densitometry					•	•
	Mammography					•	•
ENT							
	Audiometry			•			•
PATHOLOGICAL TESTS							
	Urine	•	•	•	•	•	•
	Stool (ova and cyst, occult blood)	•	•	•	•	•	•
SEROLOGY							
	TSH	•	•	•	•	•	•
	PSA			•			
HISTOLOGY							
	Pap smear				•	•	•
CONSULTATION							
	Internal medicine	•	•	•	•	•	•
	Ophthalmology	•	•	•	•	•	•
	Gynaecology				•	•	•
	Ayurved	•	•	•	•	•	•
	Dental	•	•	•	•	•	•
	Physiotherapy	•	•	•	•	•	•
	Package price (₹)	5,500	7,500	8,500	5,500	8,000	8,500
	Discounted price (₹)	4,400	6,000	6,800	4,400	6,400	6,800

Instructions for HealthCheck+™

- Take at least one day prior appointment. On the day of appointment, kindly report to the Moolchand Clinic EHC Reception counter (between 9:00-9:30 am).
- Please come fasting 8-10 hours overnight for the check up
- Please get your early morning urine and stool samples in the plastic container. You can collect sample bottles from our health check up desk or buy from nearby pharmacy.
- Please don't consume tea/coffee/biscuits on the morning of your program. You may drink water, if you need to.
- Avoid alcohol and any food item with excess fat on the day prior to your check up
- Please don't smoke on the day of your program until you have completed all the investigations
- If you use contact lenses, please wear spectacles on the day of your program
- Please don't wear any jewellery on the day of your program
- Please don't apply cream, oil or powder on your chest when you come for your program
- After arriving at the Moolchand Clinic reception counter you will be registered and introduced to Program Coordinator exclusively arranged for you
- Throughout your health check, you will be accompanied by our Program Coordinator
- During your stay, breakfast will be served and afterwards you will be guided through the series of tests under supervision of our coordinator
- All the tests are completed within 4 to 5 hours
- Please carry a bottle of water with you for ultrasound test

SPECIAL NOTE FOR DIABETICS

- Please inform Program Coordinator at the time of registration
- Please don't consume your morning dose of insulin or morning tablets on the day of your program. Carry them along with you and take them at the time of breakfast.
- Eye drops may be put in your eyes for detailed examination. As a result you may have blurry vision for the short duration of time.

SPECIAL NOTE FOR PREGNANT LADIES

- If you are pregnant or suspecting pregnancy or have any doubts, kindly prior inform the coordinator
- Please don't get your X-ray done



India's First JCI and
Comprehensive NABH
Accredited Hospital

